

Children of Nepal



Nola with children at a local zoo

The cost to keep, feed, clothe & educate a child equates to \$2US per day. Nola has 4 sponsors per child and is looking to increase this to 5 per child. Each sponsor pays \$200A per year, and currently there are 7 families in the Cove who sponsor a child through Nola.

Many of the children are simply abandoned by their mothers after their fathers were killed by Maoists, and the mothers can't afford to keep the children.

The current house the 18 children live in is a 2 bedroom cottage with one bathroom and a kitchen. Small children sleep 3 to a bed. The children remain at the orphanage until they reach the age at which they can be employed, many of them within the hospitality industry.

In addition to organizing the sponsorships, Nola also collects children's clothing, books & educational toys throughout the year. To offset the airfreight costs of up to \$4,000, Nola arranges fashion shows, trivia nights,

In 1994 Nola & Tim Ainsworth from Elizabeth went trekking in the Annapurna region of Nepal, and at the end of their trek they were asked if they wished to donate their spare clothes & so began a long and joyous association with orphaned children near Katmandu. Nola & Tim soon realized how fortunate children were in Australia and set about finding ways to improve the quality of life for children in Nepal.

Nola linked up with the Human Research Support team in Nepal and with generous support, now sponsors 18 children in Tinkune.



Sponsored children from the orphanage

dinners & shopping sprees.

Then each year she travels back to Nepal at her own cost to distribute the goods to her orphan children.

'How's that for a commitment to humanity.

If you would like to be a sponsor, or are interested in trekking, call Nola Ainsworth on 97135596

Whats on the ACCA agenda

The next ACCA meeting on the 28th September has a number of interesting resolutions, including:

- The appointment of an ACCA Executive member to organise & chair with voting rights, all future garden committee meetings. (proposed by Executive)
- ACCA to lodge a Development Application with City of Canada Bay Council, to make part of Abbotsford Cove Drive 'one way' towards Walton Crescent between 7am & 9am to stop speeding non residents of the Cove using our street as a peak hour short cut. (proposed by Executive)
- Establishment of an ACCA committee to consider traffic safety issues within the whole of Abbotsford Cove (proposed by Jackson)
- Approve expenditure of \$5,500 to repair tennis court surfaces (Executive)
- Approve expenditure of \$4,939 to remove broken kerbing and increase the road width at the top of Fig Tree to facilitate an easier turning circle for large vehicles. (Executive)

Other business arising includes an update on the Abbotsford Cove Water Feature defect rectification, Swimming pool maintenance, Occupational Health & Safety risk report, treasurer's report & garden committee report



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We welcome articles to be included in your newsletter, however their inclusion is not guaranteed. Newsletters are approved by the ACCA executive prior to publication. This newsletter is available in **colour** in PDF format via email. If you would like it emailed, let the editor know.

Next ACCA Meeting:

**Thursday 28th Sept @
7:00pm at the ACCA
Clubhouse**

Support your hard working volunteer executives & delegates by attending these meetings and find out what's going on in your own community. With over 20 individual stratas, there is often lively debate as opposing interests emerge.

This newsletter is
sponsored by:
**Abbotsford
Cove
Real Estate**

Thinking of Selling or buying at Abbotsford Cove

Contact Mel Abboud

On 97122500

Or call in to The Pavilion and
have a chat.

Check the website: www.abbotsfordcoveralestate.com.au

No one knows the Abbotsford
Cove market better than
Mel Abboud

Get Ready! Get Set! Go! Abbotsford Cove Day is coming



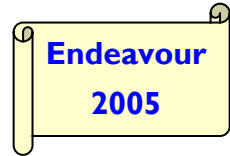
When: Sunday the 29th October at 11:30am

Where: Abbotsford Cove Park

This is a great family fun day for families to join in foot races, pram races, tug of wars, three legged races & sack races. Help wrestle the shield from Endeavour by getting a group from your building together. Win prizes and join in the family barbecue.

Volunteers are needed again, so please contact Jan Coulter on 97123858

More details will be posted on your building's notice board shortly.



Carols in the park

When : Sunday 17th December @ 3:30pm.

Games

Lolly hunts

Santa arrives

Family barbecue

5:30pm

Carols commence 7:00 pm

People with an ear for music, or anyone who can play an instrument should contact Jan Coulter on 9712 3858.



Abbotsford Cove Christmas Dinner

It's that time again. Remember last year. What a blast!

When: Friday the 24th November 2006

Drinks at 7:00pm followed by dinner & entertainment at the Castel De'Oro, Great North Rd Five Dock..

This year the theme will be for people to dress in their family of origin costume. Maybe we will see an Eskimo or a Russian cossack. Prizes will be awarded to the most entertaining table. Details will be posted on your notice boards shortly, but last year tables sold out so you will need to confirm bookings early to avoid disappointment.



Record rains at Abbotsford in September



Seagulls enjoying the new pond next to Flinders. Access along this pathway was only available to ducks & barefoot walkers.

The rains finally came to the inner west of Sydney with the deluge beginning on the evening of Thursday 7th September. The torrential rain continued for the next few days and as recorded at the official Bureau of Meteorology gauge at Abbotsford Cove, we received almost 200 millimetres or 8 inches of rain. Unfortunately, without catchment or storage facilities at the Cove, it simply ran into the harbour. The main beneficiary of this local rain has been our gardens and lawns. Our contractors, Starline, had fertilised all of our gardens during August, so the rain was very timely and the results are now showing.

Residents have also been lobbying Canada Bay Council to do something about the blocked drains at the bottom of Melrose Crescent as seen in the photo

Vandals smash lights



One of the damaged lights along the foreshore

Vandals have been at it again destroying several of the foreshore lights along our pathway.

A dinghy was also stolen recently from the racks on the marina.

Canada Bay Council is considering provision of solar powered security lighting in Montrose Reserve. This might deter acts of vandalism & graffiti in the Marina precinct. Council still has a proposal before it awaiting funding to upgrade the small Montrose Reserve with steps & railings.

Our swimming pools are still being entered illegally by non-residents. Please challenge anyone you observe climbing over pool fences.

WOW Club

WORDS OF WISDOM

Next meeting for any resident is at the Club House on Wednesday **18th October** for coffee at 10:30am in the ACCA clubhouse.

June Young, an acclaimed artist & published author from Jackson is the guest speaker. Everyone is welcome..

New fast ferry services sinks!

The Abbotsford to King St Wharf & return peak hour service ceased at the end of August due to lack of patrons.



Aqua Fitness

When : Monday & Wednesday mornings 8:45am to 9:45am &

Tuesday evening sessions will commence again, the first Tuesday after Daylight Saving starts. from 6:00pm to 7:00pm

Fitness swimming: Lap swimming for competent swimmers only from 9:00am to 10:00am each Thursday morning

Where: At the No 1 heated pool. Classes are free for Ladies & men.

Call : **Jan Coulter** on 97123858