

We welcome articles to be included in your newsletter, however their inclusion is not guaranteed.

All newsletters are approved by the ACCA executive prior to publication.

### Next ACCA Meeting

Thursday 24th Nov @ 7:00pm

### Note from the editor

This newsletter is available in **colour** in PDF format **via email**. If you would like it emailed, let the editor know. If you have any items of interest for future editions or know of interesting events please contact the editor. The editor is thankful to those who have responded to articles & provide ideas & also apologises to those whose contributions have not been included.

This newsletter is

sponsored by:

**Abbotsford**

**Cove**

**Real Estate**

Thinking of Selling or buying  
at Abbotsford Cove

Contact Mel Abboud

On 97122500

Or call in to The Pavilion and  
have a chat.

Check the website: [www.abbotsfordcoverestate.com.au](http://www.abbotsfordcoverestate.com.au)

com.au

No one knows the Abbotsford  
Cove market better than

Mel Abboud

## Abbotsford Cove Picnic Day

Grey skies & cold winds on Sunday the 16th October, didn't dampen the enthusiasm of Abbotsford Cove residents and their families to enjoy the 4th annual inter-strata sports competition put together by Jan Coulter as a fun day for our own community. Together with help from many residents who acted as officials, umpires, presenters and BBQ chefs, a large group of mums, dads, grand-parents and children had loads of fun enjoying the competition as well as a great sausage sizzle. The day started with pram races, infant races, sack races, geriatric races, tugs of war and finished off with a game of touch football.

The annual event was won for the 1st time by Flynn with support from lots of grandchildren. Flinders forfeited the trophy after 3 years of ownership.

It seems the day was injury free except for one Dad who sprinted away like a race-horse only to pull up lame before the finish line. All race protests were dismissed by the officials and the winning result stands.



Bess Rosen checks the pram racers



Winners are grinner—L to R are Rachel Armstrong, Michelle Street, Alice Nelson & Louise Osborne from Chatham Place.



Miwa from Oxley shows Age is no barrier to winning as Jan Coulter cheers them along



All hands on deck in the tug of war with Ben Smeulders as the back stop assisted by Maki from Oxley & Tara Young from Flinders and all their helpers



The great sack race with some determined looks

**FAMILY FUN NIGHT**

Abbotsford Public School  
350 Great North Road Abbotsford  
Friday 18th November 4-8pm

Raffles, auctions, sideshows, craft, face painting, food, artwork & games .

## Abbotsford Cove Golf Day— Sunday 13th November @ 1:00pm



It's on again at Barnwell Park Golf Course on picturesque Hen & Chicken Bay at Five Dock. This is an 18 hole, par 61 course, so come along and join in the fun.

You don't need to belong to a golf club, or have a handicap. Cost is \$21 or \$14 for seniors—you pay on the day.

Please contact Sue on 97120372 to book a spot. 14 players are booked already.

Family & friends welcome.

## A tribute to John Van Der Kallen



Anne Van Der Kallen and her family on John's seat below the fig tree

Be quick  
Over 100  
already  
booked

Friday night, the 28th October, was the first of the summer community barbecues to be held in our park. Over eighty people attended and enjoyed some great food and hospitality.

The highlight of the evening was a tribute paid to John Van Der Kallen of Lachlan, who sadly passed away early this year following a brief illness.

Our ACCA Secretary, Bess Rosen in a short speech thanked John's family to acknowledge his outstanding community spirit, and unveiled a small plaque fixed to the seat below the fig tree in his memory and as a thank you from all

Cove residents who were the beneficiaries of his generous and continuous work.

John gave freely of his time to carry out maintenance around the Cove, having installed many of the irrigation systems as well as taking on the task of walking around our pathways of an evening, and marking garden lights which were not operating. He & his wife Anne, would then return the next day to replace the globes so that our pathways would remain safe for all.

John's example is typical of many residents who do all sorts of projects voluntarily around the cove, and this helps make Abbotsford Cove quite a unique community.

**MEALS ON WHEELS** in Lyons Rd Five Dock are still in urgent need of volunteers to deliver meals to local residents, so if you have an hour to spare even once a month, then your help would be very much appreciated. If you can assist, call Ena on 9713 6057.

### Hello Sailor ! For Sale

1988 27' F/G 'Northshore' yacht with 9hp Volvo Penta diesel inboard, new rigging & in A1 condition on a mooring below Elizabeth—asking \$47,850 contact Eddie Kropkowski on 0408 603312



### Australia Day @ Abbotsford Cove

**Where:** At the figtree flagpole on 26th January 2006, at 9am . Enjoy a pancake breakfast, singalong & watch the activities on the water. Watch your notice-boards.

## Community Events

### Aqua Fitness



**When :** Mondays & Wednesdays  
8:50am to 9:50am

Tuesday evenings 6:15pm to 7:15pm

**Where:** At the No 1 heated pool. Classes are free for Ladies & men who reside in Abbotsford Cove.

Call : **Jan Coulter** on 97123858

### Abbotsford Cove Dinner

Friday 25th  
November 7:00pm



This is being held at Castel D'Oro function centre, Great North Rd, Five Dock.

Tables of 8, 10 or 12 are available. This popular and fun filled night is a great opportunity to enjoy some Christmas spirit with other Cove residents. Numbers are limited so call Jan Coulter on 9712 3858 to organize a table from your building, or ask if you can join another table.

Please note that due to the dinner, there is no ACCA BBQ in November.



### Children's Christmas Party

Sunday 18th  
December

Children's party in the park at  
3:30pm  
BBQ at 6:00pm  
Carols at 7:00pm

Tell the kids, Santa will be there, so be in the park to see Santa arrive by boat. There are mintie hunts, mini Olympics, lolly man chases & goodies for the kids from Santa.

Watch your notice-boards for details.

#### Can you Help ?

Jan Coulter needs volunteers to make cup cakes, donate & pack sweets & to help out on the day & on the BBQ.

#### Can you sing ?

If you can sing or play an instrument the choir needs you for the carols segment. Ring Jan on 9712 3858